





## Lord God,

Thank you for the gift of (insert name). I thank you for choosing me to love them throughout life. I know that I cannot always be there to protect and guide them, but I trust that you are there. I know you will protect and guide them in all they do. Today, I call out to you with the cry of a parent's heart: bless them. May they love and be loved. May they always listen carefully to the whisper of the Spirit in their life. We ask this with the intercession of Notre Dame, Our Mother, in the name of Jesus her Son.

## Amen

